

WISDOM'S GOLDENROD, ALAN BERKOWITZ CLASS NOTES
(TYPED)
APRIL 18, 1978
BUDDHISM: EMOTION

TOPIC: Buddhism
SUBJECT: Emotion

SUBSUBJECTS: Symbolific Activity, Aristotle's Four Causes

BOOKS READ FROM OR REFERENCED:

- James Hillman, *Emotion*
- Plotinus, *The Enneads* (MacKenna translation, 4th ed.)
- Marie-Louise von Franz, *Number and Time*
- Maitreyanatha, Asanga, *Madhyantavibhagakarika*, or *Verses Distinguishing the Middle and the Extremes*

PLOTINUS QUOTES READ OR REFERENCED: VI.7.4

DIAGRAMS embedded in these notes:

- FIGURE 1978 0418-1-AB. Aristotle's Four Causes Correlated with the Four Quadrants of the Metaphysical Chart.
- FIGURE 1978 0418-2-AB. Aristotle's Four Causes Correlated with the Last Four Houses of the Metaphysical Chart.

AD PAPER read in class:

- "The Four Aspects of Emotion: An Essay Based on James Hillman's *Emotion*". Retyped from Scan File BUD Emotion C 15p.PDF (formerly BUD Emotion C 12p.PDF) as 1978 0412b V09N. Buddhism - Emotion.

TYPED AND REFORMATTED by IT 2022

NOTES:

- **RETYPE HANDWRITTEN NOTES (hence V08).** From Alan Notes 02 1977 to 06 1979.PDF.
- This class continues the discussion of Emotion started in WG Class 1978 0412a V08. Buddhism - Emotion. See also AD Paper on Emotion mentioned above.
- All spelling, capitalization, and punctuation corrected, abbreviations spelled out.

1978 04/18 at Wisdom's Goldenrod Buddhism: Emotion

[Alan Notes 0418 1978 Begin]

4/18/78

Every individual is equipped with the machinery to produce the world-image he lives in through symbolific activity.

In the very activity of the mind emotion is involved.

Anthony [Anthony Damiani (AD)] -- paper on emotion [Note: See WG Paper 1978 0412b V09N. Buddhism - Emotion.]

Attempt at an integrative comprehensive theory of emotion combining different theoretical levels (psychical, social, physiological, etc).

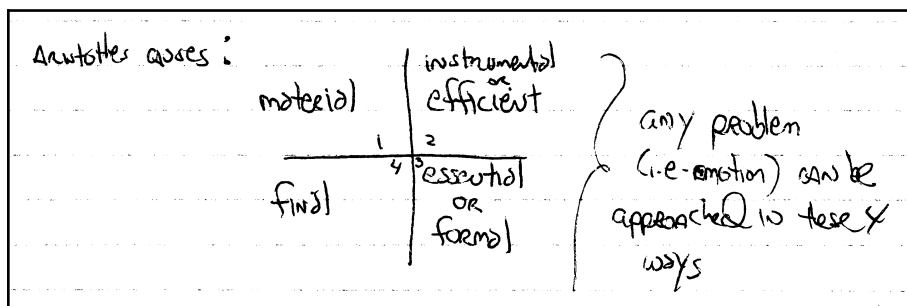
Representation of object (symbolism, pictorialization) and not object itself produces emotion.

When manas attempts to grasp intelligible object it does through symbols. Emotion is the symbolization of the objective psyche.

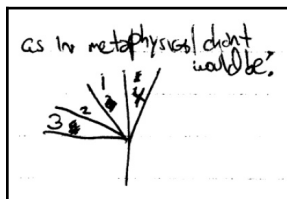
Inside person symbols are lived out as emotions.

Outside person emotions are perceived as symbols.

Emotion can be controlled by the manipulation of conscious images.



[FIGURE 1978 0418-1-AB. Aristotle's Four Causes Correlated with the Four Quadrants of the Metaphysical Chart. Facsimile scan from AB class notes.]



[FIGURE 1978 0418-2-AB. Aristotle's Four Causes Correlated with the Last Four Houses of the Metaphysical Chart. Facsimile scan from AB class notes.]

1) Material -- matter is some kind of energy. Emotion is constituted of invisible forces = nucleated centers, complexes, dynamic units. Emotion is the conscious or psychic form of universal energy. Energy

appears to consciousness in terms of emotion but is unknowable in itself. The field of the body is the stuff of emotion. Body situation is the locus of emotion -- the more body, the more emotion.

Formal cause of emotion is soul (Plotinus -- formal cause is logos spermatikos = animate). [Note: Plotinus, *Enneads*, VI.7.4.]

Aristotle -- body as form of soul.

Number and Time -- [Note: Marie-Louise von Franz, *Number and Time*.]

Maitreya -- *Madhyanta-vibhaga*, Chapter 4. [Note: Maitreyanatha, Asanga, *Madhyantavibhagakarika*, or *Verses Distinguishing the Middle and the Extremes*.]

The storehouse of universal energy is the alaya-vijnana -- 10th house.

It produces the universal and underlies the individual mind. It is the stuff (material cause) of emotions.

Formal = qualitative, laksana -- mark, distinguishing character.

Emotion is a total pattern of the soul (it involves *all* of you).

In emotion all the elements of the personality are fused into a unified total reaction or pattern.

The subject-object dichotomy cuts off the emotion and you do not experience it directly -- your neurotic patterns obscure it. The experience of the undifferentiated aesthetic continuum is that of emotion.

[Alan Notes 0418 1978 End]